

# CARE SKILLS TRAINING CENTRE

## HORRID HANDS AND ROTTEN TEETH

Age group:	Year 3-9, tailored to meet your curriculum needs
<b>Duration:</b>	3 hours (1/2 day)
Good for:	STEM, maths, PSE
Price:	Maximum 16 learners per session - 3 hours £175 per session.

### A tissue! A tissue! We all fall down

#### 3 hours

This session is split into two halves and will address hand and teeth hygiene.

#### **Hands**

This is full of gruesome, practical information regarding hand hygiene and the spread of disease. To emphasize the points made and stress the importance of effective hand washing, everyone is given the opportunity to see how well they wash fake hand germs off their own hands by using our ultra violet hand hygiene machines. Then, using our clinical elbow operated sinks, learners will be able to practice the high standards of handwashing needed in the care environment.

#### Teeth

Our dental nurse will be able to demonstrate good dental hygiene and 'how to look after your teeth'. With the use of health promotion resources, they will explore with learners how food interacts with dental health.

#### Stretch, challenge and differentiation

To embed maths into this session learners will address the multiplication of bacteria and their possible effect on the health of populations.

Please do not hesitate to discuss specific needs of your curriculum, as our fully equipped hospital environment can be tailored to add real-life experiences to enhance the student experience.